

SPIRITUAL COMMUNION

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer below offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

Prayer for Spiritual Communion

Loving God, we give thanks for the saving death and resurrection of Jesus, and we ask you to be close to us just now.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

Contacts

(It is OK to contact any of the clergy if you have the need to)

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Welcome to the Tring Team

This leaflet has lots of useful info. To find out more, please ask, or see our website

Today's Services - 1st August Ninth Sunday after Trinity

8am Holy Communion traditional language **Tring**
8am Holy Communion traditional language **Aldbury**
10am ** Holy Communion with Sunday Club **Tring**
10am Worship for All **Aldbury**
6pm Holy Communion **Long Marston**

**** denotes streamed service on our website or YouTube - Tring Team Parish page**

Please bring your face covering for church services and please remember to book your place for all our services. www.tringteamparish.org.uk/news-events. If you don't have internet or have problems, please phone Janet 01442 824929 or 07840 112616

This week's readings

Exodus 16.2-4,9-15 Psalm 78.23-29 Ephesians 4.1-16
John 6.24-35

Prayer of the week.

Gracious Father, revive your Church in our day, and make her holy, strong and faithful, for your glory's sake in Jesus Christ our Lord.

Prayer after Communion

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord.

tringteamparish.org.uk

registered with the charity commission

St Peter & St Paul, Tring;
St John the Baptist, Aldbury;
All Saints, Long Marston;
St Cross, Wilstone;
St Mary's, Puttenham.



To make a payment to the parish online, please visit www.tringteamparish.org.uk/giving if you have internet. Our bank details are; account number: 60679360, sort code: 557010, account name: Tring PCC. Please gift aid if you pay tax. Thank you.

WHAT'S HAPPENING

Re-connecting Parish Picnic.

All the details are in Huw's message. Please book on the website in the usual way, or phone Janet 01442 824929 if you don't have internet or have problems.

Piano and More. Piano and More Sunday August 8th 3 pm for an hour, free entry but donations welcome. The Icknield Trio (Arwen Newband violin, Sarah Boxall cello and Anna Le Hair piano) will play Tchaikovsky's wonderful piano trio – do come and enjoy this beautiful music after the Re-connecting Parish Picnic if you can! Please book on-line or phone Janet as above. Covid safety rules are the same as for church services.

Long Marston & Puttenham Horticultural Show Saturday 7th August. Church cake stall – all donations welcome! (cakes, bread, biscuits etc) Please contact Jane, details on the back of the pew-sheet.

Mothers Union. After a long time of not meeting (other than by zoom) we have a real face-to-face meeting in Tring Church (or outside if the weather is good) on Monday 9th August at 2pm. We will talk about where we go from here, arranging a schedule of live meetings, possibly an outing or two while the weather is ok, and generally have a chat to re-connect with other members. We are always open to new friends joining us, so come along and find out more about the Mothers Union in Tring, we are a friendly group! More details from Janet or Jane.

Craft and cuppa has resumed in Tring Church on Tuesdays at 2pm - 4pm. We are open to new members joining us, you don't have to bring a craft to do, but feel free to join us for a cuppa and a chat.

Tring Parish Book Group next meet on Sunday 22nd August in Tring Church at 6.30pm for 6.45pm start. We shall welcome back Anthea Fraser, parishioner of Tring Church and prolific crime writer, for a discussion of her book ***The Sins of the Fathers***. New members always welcome, contact John Whiteman (01442 826314) for more information.

Open churches for visitors. We are open for visitors, some church now open for longer hours. You are welcome to call in between these times.

Tring daily, opening between 9am and 10am until mid to late afternoon.

Aldbury 11am - 3pm. Wilstone daily 9am-4pm.

Long Marston and Puttenham just open for services at present.

Baby and Toddler drop-in Every Wednesday in Tring Church 10 am - 12 noon
Please tell family, friends and neighbours

Coming up soon Midweek services

Tuesday 3rd August

9.15am Holy Communion **Tring**

10am Holy Communion **Wilstone**

Wednesday 4th August

10am - 12noon Baby/toddler drop-in morning **Tring**

Thursday 5th August

10am Holy Communion traditional language **Tring**

Sunday 8th August

Tenth Sunday after Trinity

8am **Holy Communion traditional language **Tring**

10am Worship for All **Tring**

10am Holy Communion **Aldbury**

6pm Celtic Evening Prayer **Long Marston**

Re-connecting

For many of us it felt quite emotional last Sunday singing in church again. The other noticeable thing was that rather than seeing a sea of masks we could see faces once more. Over the last 18 months how many times have you failed to recognise someone because of a mask. How many times have you wanted to give someone a reassuring smile, only to realise that it was hidden by a mask. Face coverings have their place and have been an important part in keeping us healthy, I will still be wearing mine in Tesco and moving around church, but they have also been a symbol of us needing to kept apart. There is now a real desire for us all to be able to re-connect. Some of us had the opportunity to do this at the Children's Society garden party. It was good to be able to chat with friends we hadn't talked to in a long time.

We would like to do this on a larger scale. On Sunday 8th August, unless the weather is terrible, we will have a parish picnic in Tring church yard from 11 am – 2 pm (and if you want to stay later there is a piano and more concert at 3 pm). We will start with tea and coffee after church, and allow time for those not in Tring to gather, and then will look to eat from 12 noon onwards. Bring along a picnic rug (or when you book specify that you need us to provide a table a chair) and some food. Let us know if you can help by providing a salad to share or cake for pudding, or provide the ketchup etc. We want it to be a community shared lunch. Let us know if you can help setting things up. As well as a bringing along some picnic food we will provide a very simple BBQ - maybe just burgers to keep it easy and limit choice.

The simple purpose of this is to re-connect. To have the opportunity to sit and chat to friends old and new. We will do it all outside (the evidence shows this is the safest approach) so keep an eye on the forecast